




HUDSON BREAKFAST & LUNCH

STATION	MON	TUE	WED	THUR	FRI	SAT	SUN
	Grilled Caprese Sandwich	Grilled Caprese Sandwich	Grilled Caprese Sandwich	Grilled Caprese Sandwich	Grilled Caprese Sandwich		
	Cheese Pizza Sausage Pizza	Cheese Pizza Meat Lovers Pizza Veggie Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Sausage Alfredo Pizza	Cheese Pizza BBQ Pizza		
Breakfast 7:30am – 10:30am <i>Market Place Entrees</i> Lunch 11am – 2pm	Breakfast Scramble Eggs French Toast Diced Breakfast Potato Bacon Lunch Salmon Puttanesca Alfredo Pasta Steamed Broccoli	Breakfast Pancakes Toppings Sausage Links Tator Tots Egg & Cheese Biscuit Lunch Mexican Stuffed Peppers Beef or Vegetarian Steamed Mixed Veggies Cilantro Lime Rice Seasoned Pinto Beans Cinn. Sugar Crisps	Breakfast Scramble Eggs Fresh Cinn. Rolls Sausage Patties Cheesy Hash browns Mini Quiche Lunch Shepard's Pie Pasta Prima Vera Garlic Bread Steamed carrots	Breakfast Scramble Eggs French Toast Sticks Andouille Sausage Diced Potato & Onion Lunch Rosemary Roasted Turkey Stuffing Steamed Green Beans	Breakfast Breakfast Burrito Cheesy Scramble Hash brown Triangle Bacon Lunch Chicken Marcella Garlic Buttered Noodles Sautéed Fall Veggie Mix Garlic Bread Stick	Brunch Monte Cristo Roasted Potatoes Pancakes Kielbasa Steamed Green Beans Wild Rice Fresh Cut Fruit Pudding Parfaits Assorted Pizza	Brunch 10am Scalloped Potatoes Sausage Links Rice Pilaf Ham & Cheese Sliders Spinach & Onion Quiche Pasta Salad Peas & Carrots Assorted Pizza
	Wild Rice Buttery Mashed Potatoes	Mexican Corn Salad Diced Watermelon	Red Beans & Rice Sweet Potato Mash	Mashed Potatoes Roasted Sweet Potatoes	Sour Cream & Chive Potatoes Breaded Egg Plant with Marinara		
	Build Your Own	Build Your Own	Build Your Own	Build Your Own	Build Your Own		
	Garden Pasta Salad Pineapple & Grapes	Assorted Fruit	Broccoli Slaw Jello Parfait	Carrot Salad Mixed Fruit Salad	Garden Pasta Mixed Diced Melons	Soup Chef's Choice	Soup Chef's Choice

Allergen Zone

GF | Gluten Free

DF | Dairy Free (Lactose Free)

V | Vegan

VE | Vegetarian




Fit Choices 4 Life **4**

N | Contains nuts

4

Wk 1

HUDSON DINNER

STATION	MON	TUE	WED	THUR	FRI	SAT	SUN
	Grilled Caprese Sandwich	Grilled Caprese Sandwich	Grilled Caprese Sandwich	Grilled Caprese Sandwich	Grilled Caprese Sandwich		
	Three Cheese Pizza Sausage Pizza	Cheese Pizza Meat Lovers Pizza Veggie Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Sausage Alfredo Pizza	Cheese Pizza BBQ Pizza		
<i>Market Place Entrees</i> Dinner 4:30pm – 7:00pm	Dinner Pasta Bar Diced Chicken OR meatballs Marinara or Alfredo Steamed Broccoli Garlic Bread Sticks	Dinner Baked Chicken Wings Potatoes Wedges Mac N Cheese Baked Beans Three Bean Salad Broccoli & Cauliflower Blend Garden Pasta	Dinner Apple Leak Stuffed Pork Loin White Rice with Peas & Onions Buttery Parsley Carrots Roasted Sweet Potatoes Garlic Buttered Pasta Ratatouille	Dinner Nacho Bar Chicken or Beef Spanish Rice Seasoned Pinto Beans Churros Mexican Corn	Dinner Baked Potato Bar Chicken or Chili Steamed Broccoli Cheese Sauce Assorted Toppings Alfredo Pasta Brown Rice Pilaf	Dinner Italian Sausage Peppers & Onion Buttered Pasta Marinara Sauce Steamed Corn Cheese Curds Assorted Pizza	Dinner Cabbage Rolls Wild Rice Alfredo Pasta Steamed Corn Garlic Mashed Broccoli Blend Veggies Assorted Pizza
							
	Build Your Own	Build Your Own	Build Your Own	Build Your Own	Build Your Own		
	Cucumber & Tomato Salad Mixed Fruit	Three Bean Salad Garden Pasta	Mustard Potato Salad Diced Watermelon	Nacho Toppings	Fresh Fruit Salad	Soup Chef's Choice	Soup Chef's Choice

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